

What's Most Important to You?

What makes you happy to be alive? Think about what you value. This is the first step toward deciding what medical care you might want if your health were to worsen. Read each statement below. What best describes your feelings? What else would you add to the list?

I want to:	Importance		
	Very	Somewhat	Not Very
Care for myself without being a burden to others			
Make decisions for myself			
Recognize family and friends			
Talk to and understand others			
Stay in my home as long as I live			
Live without a lot of pain			
Live without needing machines or medical devices to keep me alive			
Live as long as I can			
Die peacefully and quickly if I'm very sick and have no chance of getting better			