

My Diabetes Kit Bag

Keep track of your blood sugar supplies and medications by creating a diabetes kit bag. A small makeup or travel bag makes an ideal carry case. Include the supplies shown below, as needed. Don't forget to include any medications you take for other conditions.

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| 1 Log book | 5 ID card | 9 Test strips |
| 2 Meter | 6 ID bracelet (wear daily) | 10 Syringe/Insulin pen |
| 3 Insulin pen | 7 Diabetes medication | 11 Insulin |
| 4 Fast-acting sugar | 8 Lancet | |

