

# Your medicine list

Fill in the chart below to keep track of all your medicines. Be sure to keep this chart up-to-date. Add new medicines or changes to your dosage as they're made. Share this list with any new healthcare provider that you visit.

Name of Medicine	What it looks like	Dosage and frequency	Time of day to take it	What it's for
Example: <i>Digoxin</i>	<i>Small, white, round</i>	<i>0.25 mg once a day</i>	<i>Each morning</i>	<i>Treat heart failure</i>